**‘Being Jess’ - Workshop**

Are you ready to write the next chapter to this story? It’s titled **‘What should Jess do?’**

You can work with pens & paper, write or draw, you could type into a computer, or video yourself telling the story. You can work alone, with someone else or even with a small group of friends over the phone or a video call, just make sure you ask permission first.

We’d love you to send us what you come up with at the end of this workshop. It could be a written script, a video of you telling the story, a story-board of pictures, whatever works for you…

**Task**

1. Note down, or draw, as many ideas you have for what Jess could do.

**For example** ‘Jess goes to meet Ashley’ or, ‘Jess ignores Ashley’s messages’ or, ‘Jess asks someone for help’, etc.

**Task**

1. Choose one of these ideas for your storyline, one you think will keep your audience interested and wanting to know what happens next.

**For example** Jess ignores Ashley’s messages and Ashley gets annoyed and sends angry and nasty messages to try to get Jess’s attention.

**Task**

1. Now think of an end to this chapter. This isn’t necessarily the end of the story, so don’t worry about finding a solution… you could leave the chapter on a cliff hanger, it’s up to you…

**For example** After Ashley’s angry messages, Jess gets really upset and decides to call Ashley, she calls him and is very surprised when the person who answers the phone, it’s nothing like the Ashley she had imagined.

**Task**

1. Now you have the outline for your chapter! You can either leave it like this, or fill in the gaps by improvising what these characters say to each other. With a partner or on your own, act out the characters in your story and write / draw / type / video their conversations. There’s no right or wrong way to do this

**Task**

1. Have a look at this check-list about internet safety;

- Never give out personal information, like your name, address, telephone number, or which school they go to. What do you think could go wrong if you do?

- What could happen if your location is visible? How can you protect yourself from this?

Remember – sometimes people aren’t who they say they are, so;

- Learn about the privacy settings on your social media; set them to private

- Ask your parents if they know about privacy settings? Do they know about age limits on apps? Do they or did they set controls? They should.

**If something happens online that upsets you, that they can always go to someone for advice like a Parent or carer, a teacher.**

**Task**

1. Create a quick list, on paper, typing or chatting about what Jess did or didn’t do, that would keep her safer… it’s essential we include these thoughts to keep ourselves and others safe.

**Task**

1. That’s it – that’s your chapter! Will you send it to us? We will use your ideas to help us with our next project. Remember you can send photo’s of your work, or type it up or a video, or even a storyboard in pictures…. With an adult, please send it as an email attachment or by WeTransfer ([www.wetransfer.com](http://www.wetransfer.com)) to: macsarcadian@gmail.com

Under this workshop, on the website you will find links to places for more information, or services for where you can get help from a professional adult if you’re worried about yourself or another young person.

Thank you for joining in this project, you are very important to us!

See you again soon!